

Monday

Tuesday

Wednesday

Thursday

Friday

<p><b>02</b> <u>Volunteer:</u> <b>Wildlife Park</b></p> <p>Swim, YWCA</p> <p>Dungeon &amp; Dragons with CJ 9:15 a.m.</p> <p><b>Group choice</b></p>	<p><b>03</b> <u>Volunteer:</u> <b>Nurturing</b> <b>Roots Homestead</b></p> <p>Gym: 9:30-10:30</p> <p><b>Group choice</b></p> <p>Eat out: \$15-20.00</p>	<p><b>04</b> <b>Maine Military Museum</b> 10:30 a.m.</p> <p><b>Group choice</b></p>	<p><b>05</b> <u>Volunteer:</u> <b>Meals on Wheels</b></p> <p><b>Group choice</b></p>	<p><b>06</b> <b>Special Olympics Games - Orono</b> <b>Go Team!!</b> 😊</p> <p><b>Bowling</b> 10:00 a.m.</p> <p>Eat out: \$15-20.00</p>
<p><b>09</b> <u>Volunteer:</u> <b>Wildlife Park</b> <u>Volunteer:</u> <b>Mr. Drew 10-11:30</b></p> <p>Swim, YWCA</p> <p><b>Group choice</b></p>	<p><b>10</b> <u>Volunteer:</u> <b>Nurturing</b> <b>Roots Homestead</b></p> <p>Gym: 9:30-10:30</p> <p><b>Group choice</b></p> <p>Eat out: \$15-20.00</p>	<p><b>11</b> <b>Wolfe's Neck State Park – trails &amp; picnic</b></p> <p><b>Strawberry Picking</b></p> <p><b>Group choice</b></p>	<p><b>12</b> <u>Volunteer:</u> <b>Meals on Wheels</b></p> <p>Fishing</p> <p><b>Group choice</b></p>	<p><b>13</b> <b>Client Input Meeting 8:30-9:00</b></p> <p><b>Bowling</b> 10:00 a.m.</p> <p>Roy's Mini-Golf</p> <p>Eat out: \$15-20.00</p>
<p><b>16</b> <u>Volunteer:</u> <b>Wildlife Park</b> <u>Volunteer:</u> <b>GAHS 10-11:30</b></p> <p>Swim, YWCA</p> <p><b>Group choice</b></p>	<p><b>17</b> <u>Volunteer:</u> <b>Nurturing</b> <b>Roots Homestead</b></p> <p><b>Strawberry Picking</b></p> <p><b>Group choice</b></p> <p>Eat out: \$15-20.00</p>	<p><b>18</b> <b>Crescent Beach State Park (Cape Elizabeth)</b> <b>walk beach/trails, picnic</b></p> <p><b>Group choice</b></p>	<p><b>19</b> <u>Volunteer:</u> <b>Meals on Wheels</b></p> <p><b>Coffee &amp; Conversation 9-10</b></p> <p><b>Group choice</b></p>	<p><b>20</b> <b>Bowling</b> 10:00 a.m.</p> <p><b>Purple Bus ride</b></p> <p><b>Group choice</b></p> <p>Eat out: \$15-20.00</p>
<p><b>23</b> <u>Volunteer:</u> <b>Wildlife Park</b></p> <p>Swim, YWCA</p> <p><b>Group choice</b></p>	<p><b>24</b> <u>Volunteer:</u> <b>Nurturing</b> <b>Roots Homestead</b></p> <p>Roy's Mini-Golf</p> <p><b>Group choice</b></p> <p>Eat out: \$15-20.00</p>	<p><b>25</b> <b>Dungeon &amp; Dragons with CJ 9:15 a.m.</b></p> <p><b>Bug Light Park (1 Madison St. South Portland-free)</b> <b>lighthouse, picnic lunch, walk park</b></p> <p><b>Group choice</b></p>	<p><b>26</b> <u>Volunteer:</u> <b>Meals on Wheels</b></p> <p><b>Bike Riding</b></p> <p><b>Group choice</b></p>	<p><b>27</b> <b>Bowling</b> 10:00 a.m.</p> <p><b>Group choice</b></p> <p>Eat out: \$15-20.00</p>

# Pine Tree Society

## June 2025

Scarborough

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY4
2 Morning Stretching  A: SP Food Cupboard B: Swimming C: Target & walk	3 Morning Stretching  A: Meals on Wheels B: Mini Golf C: Walmart & walk D: Walking trail	4 Morning Stretching  A: Farmers Market B: Maine Wildlife Park (8) C: Group Choice	5 Morning Stretching  A: Meals on Wheels B: Ft Williams C: Driving Range	6 Morning Stretching  A: Bowling WestPort B: Ronald McDonald House & walk C: Mardens & walk *Summer bowling League
9 Morning Stretching  A: SP Food Cupboard B: Bull Moose & walk C: Walking trail	10 Morning Stretching  A: Meals on Wheels B: Mackworth Island C: Craft day / painting D: Yard game day	11 Morning Stretching  A: Swimming B: Walmart & walk C: OOB walk D: Library / bookstore *Client Input Meeting	12 Morning Stretching  <b>Annual Funtown Trip</b>	13 Morning Stretching  A: Bowling Sparetime B: Falmouth shops C: Group choice *Summer bowling league
16 Morning Stretching  A: SP Food Cupboard B: Group Choice C: Swimming	17 Morning Stretching  A: Meals on Wheels B: Marden's & walk C: Thrift stores D: Walking trail	18 Morning Stretching  A: Group Choice B: Mini Golf C: Trolley ride / silver line D: Target & walk	19 Morning Stretching  A: Meals on Wheels B: Eastern trails walk C: Walmart & walk	20 Morning Stretching  A: Bowling WestPort B: Ronald McDonald House & walk C: 5 Below / Dollar tree *Summer Bowling League

# Pine Tree Society

## June 2025

23 Morning Stretching  A: SP Food Cupboard B: Marden's & walk C: Walking group	24 Morning Stretching  A: Meals On Wheels B: Back Bay Walk C: Bull Moose & walk D: Bug light & Museum	25 Morning Stretching  A: Group Choice B: Swimming C: PTLD Fire Museum D: Beach walk	26 Morning Stretching  A: Meals on Wheels B: Freeport C: Mackworth Island	27 Morning Stretching  A: Bowling Sparetime B: Old Port Walk C: Target & walk *Summer Bowling League
30 Morning Stretching  A: SP Food Cupboard B: Swimming C: Walmart & walk	7/1 Morning Stretching  A: Meals on Wheels B: Group choice C: Shopping for cooking day D: Driving Range	7/2 Morning Stretching  A: 4 <sup>th</sup> of July party day at program: outside games & activities B: Cooking Day	7/3  <b>Pine Tree Society Holiday Program Closed</b>	7/4  <b>Pine Tree Society Holiday Program Closed</b>

- ❖ On any day the above schedule may change due to weather or safety concerns
- ❖ Please bring **warm clothing & steady walking shoes, temps by the ocean can be cooler than other areas**
- ❖ **PLEASE BRING COLD LUNCHES: WE WILL BE EATING OUT IN THE COMMUNITY ON NICE WEATHER DAYS**