

Pine Tree Society Monthly Calendar of Activities – November 2025

(calendar subject to change without notice)

Monday

Tuesday

Wednesday

Thursday

Friday

Auburn

03 Swim, YWCA 10:00-11:00 a.m. Group choice	04 (No gym -Election Day) Special Olympics Bowling Portland Group choice Eat out: \$15-20.00	05 Volunteer: Wildlife Park Group choice Dungeon & Dragons with CJ 9:15 a.m.	06 Volunteer: Meals on Wheels Group choice Unified Fitness 10-11:30 Redbank	07 Bowling 10:00 a.m. Group choice Eat out: \$15-20.00
10 Volunteer: Wildlife Park Volunteer: GAHS 10-11:30 a.m. Swim, YWCA 10:00-11:00 a.m. Group choice	11  CLOSED	12 "Grease" Movie Flagship Cinema 9:30 a.m.	13 Volunteer: Meals on Wheels Group choice Unified Fitness 10-11:30 Redbank	14 Consumer Input Meeting 8:30-9:00 Bowling 10:00 a.m. Group choice Eat out: \$15-20.00
17 Volunteer: Mr. Drew 10-11:30 Swim, YWCA 10:00-11:00 a.m. Group choice	18 Gym: 9:30-10:30 Make Thanksgiving Cards for nursing home Group choice Eat out: \$15-20.00	19 Volunteer: Wildlife Park "Paint on canvas with Jess" 9:30 a.m.  Group choice	20 Volunteer: Meals on Wheels Group choice Unified Fitness 10-11:30 Redbank	21 Festival of Trees Kora Shriners 10:00 a.m. Group choice Eat out: \$15-20.00
24 Volunteer: Wildlife Park Swim, YWCA 10:00-11:00 a.m. Group choice Dungeon & Dragons with CJ 9:15 a.m.	25 Gym: 9:30-10:30 Deliver Thanksgiving Cards Group choice Make pies for celebration Eat out: \$15-20.00	26 Group choice Pie Celebration 12:30 p.m. All are welcome  Eat out day for Friday people: \$15-20.00	27  CLOSED	28 Day After Thanksgiving CLOSED

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Scarborough

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Morning Stretching A: SP Food Cupboard B: Bull Moose & walk C: Bus ride to the mall (6)	4 Morning Stretching A: Meals on Wheels B: Special Olympic Bowling *Client Input Meeting	5 Morning Stretching A: Swimming B: Mall Walk & purchase lunch, bring your own money C: Cabela's & a garden center	6 Morning Stretching A: Meals on Wheels B: Preble Street C: Walmart & walk	7 Morning Stretching A: Group Choice B: Bowling C: Target & walk *Bowling League
10 Morning Stretching A: SP Food Cupboard B: Swimming C: Group Choice	11 Morning Stretching PROGRAM CLOSED For Veterans Day Holiday	12 Morning Stretching A: Flagship Cinema B: Thrift Stores	13 Morning Stretching A: Meals on Wheels B: Preble Street C: Bowling	14 Morning Stretching A: Ronald McDonald House & walk B: Walmart & walk C: Book Stores & coffee (bring your own money) *Bowling league
17 Morning Stretching A: SP Food Cupboard B: Walmart & walk C: Bowling	18 Morning Stretching A: Meals on Wheels B: Preble Street C: Group Choice D: Reny's & walk	19 Morning Stretching A: Swimming B: Portland Museum of Art (3) C: Craft Day	20 Morning Stretching A: Meals on Wheels B: Red Bank Gym C: Target & walk	21 Morning Stretching A: Old Port Walk B: Falmouth Shops C: Silver Line Trolley *Bowling League

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24 Morning Stretching	25 Morning Stretching	26 Morning Stretching	27 Morning Stretching	28 Morning Stretching
A: SP Food Cupboard B: Swimming C: Animal Refuge League	A: Meals On Wheels B: Preble Street C: Walmart & walk D: Shopping for luncheon	A: Group Choice B: Bull Moose & Marden's C: Thanksgiving Luncheon (no lunch needed)	PROGRAM CLOSED For Thanksgiving Holiday	PROGRAM CLOSED For Thanksgiving Holiday

- ❖ On any day the above schedule may change due to weather or safety concerns
- ❖ Please bring **warm clothing & steady walking shoes, temps by the ocean can be cooler than other areas**
- ❖ **When bringing in lunch PLEASE refrain from having anything with shellfish; we have someone with an allergy. Thank you**
- ❖ On Purchase lunch day: the groups will decide where they want to go, and each person is responsible for paying for their own lunch.
- ❖ On **Flagship cinema day**. The cost of the ticket is paid by Pine Tree. You can bring money in for the concession. Keep in mind that you may be going several times over the summer and items are very expensive at the movies.