

Monday

Tuesday

Wednesday

Thursday

Friday

<p><b>01</b> <b>Swim, YWCA</b> <b>10:00-11:00 a.m.</b></p> <p><b>Group choice</b></p>	<p><b>02</b> <b>Gym: 9:30-10:30</b></p> <p><b>Make holiday cards for nursing home residents</b></p> <p><b>Eat out: \$15-20.00</b></p>	<p><b>03</b> <b>Volunteer:</b> <b>Wildlife Park</b></p> <p><b>Group choice</b></p>	<p><b>04</b> <b>Volunteer:</b> <b>Meals on Wheels</b></p> <p><b>Group choice</b></p> <p><b>Unified Fitness</b> <b>10-11:30 Redbank</b></p>	<p><b>05</b> <b>Bowling</b> <b>10:00 a.m.</b></p> <p><b>Group choice</b></p> <p><b>Eat out: \$15-20.00</b></p>
<p><b>08</b> <b>Volunteer:</b> <b>Wildlife Park</b> <b>Swim, YWCA</b> <b>10:00-11:00 a.m.</b></p> <p><b>Dungeon &amp; Dragons with CJ</b> <b>9:15 a.m.</b></p> <p><b>Group choice</b></p>	<p><b>09</b> <b>"A Christmas Carol"</b> <b>Play</b> <b>Public Theatre</b> <b>Lewiston 10:00 am</b> <b>Leave by 9:00 a.m.</b></p> <p><b>Eat out: \$15-20.00</b></p>	<p><b>10</b> <b>"ET"</b> <b>Movie</b> <b>Flagship Cinema</b> <b>(10:00 a.m.)</b> <b>Leave by 9:15</b> <b>(Money optional for concession stand)</b></p>	<p><b>11</b> <b>Volunteer:</b> <b>Meals on Wheels</b></p> <p><b>Group choice</b></p> <p><b>Unified Fitness</b> <b>10-11:30 Redbank</b></p>	<p><b>12</b> <b>Bowling</b> <b>10:00 a.m.</b></p> <p><b>Group choice</b></p> <p><b>Eat out: \$15-20.00</b></p>
<p><b>15</b> <b>Volunteer:</b> <b>GHAS 10-11:30</b> <b>Volunteer:</b> <b>Mr. Drew 10-11:30</b></p> <p><b>Swim, YWCA</b> <b>10:00-11:00 a.m.</b></p> <p><b>Group choice</b></p>	<p><b>16</b> <b>Gym: 9:30-10:30</b></p> <p><b>Deliver holiday cards to residents</b></p> <p><b>Group choice</b></p> <p><b>Eat out: \$15-20.0</b></p>	<p><b>17</b> <b>Volunteer:</b> <b>Wildlife Park</b></p> <p><b>Group choice</b></p>	<p><b>18</b> <b>Volunteer:</b> <b>Meals on Wheels</b> <b>Consumer Input Meeting 8:30-9:00</b></p> <p><b>Join us for a holiday themed paint on canvas</b> <b>9:30-11:00 a.m.</b> <b>All are welcome!</b></p> <p><b>Group choice</b></p>	<p><b>19</b> <b>CLIENT HOLIDAY PARTY</b> <b>Holiday activities; music with singer Jay; lunch provided</b> <b>Let's have fun!</b></p> 
<p><b>22</b> <b>Volunteer:</b> <b>Wildlife Park</b></p> <p><b>Swim, YWCA</b> <b>10:00-11:00 a.m.</b></p> <p><b>Dungeon &amp; Dragons with CJ</b> <b>9:15 a.m.</b></p> <p><b>Group choice</b></p>	<p><b>23</b> <b>Gym: 9:30-10:30</b></p>  <p><b>Holiday Movie</b> <b>At PTS 9:30 am</b></p> <p><b>Eat Out Day for both Tuesday and Friday people: \$15-20.00</b></p>	<p><b>24</b> <b>CHRISTMAS EVE</b></p> <p><b>CLOSED</b></p>	<p><b>25</b> <b>CHRISTMAS DAY</b></p> <p><b>CLOSED</b></p>	<p><b>26</b> <b>Happy Holidays</b></p> <p><b>CLOSED</b></p>

# Pine Tree Society December 2025

Scarborough

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Morning Stretching  A: SP Food Cupboard B: Bowling Spare Time C: Craft day (decorate ugly "sweaters")	2 Morning Stretching  A: Meals on Wheels B: Preble Street C: Hobbie Shops D: Walmart *Client Input Meeting	3 Morning Stretching  A: Swimming B: Mall walk C: Flaherty's Farm	4 Morning Stretching  A: Meals on Wheels B: Red Bank Gym C: Group Choice	5 Morning Stretching  A: Ronald McDonald House B: Target C: TJ Maxx / Marshals *Bowling League
8 Morning Stretching  A: SP Food Cupboard B: Swimming C: Ed's Grove	9 Morning Stretching  A: Meals on Wheels B: Preble Street C: Bull Moose & Saco Flea Market D:	10 Morning Stretching  A: Flagship Cinema B: Group Choice	11 Morning Stretching  A: Meals on Wheels B: Red Bank Gym C: Bowling West Port	12 Morning Stretching  A: Group Choice B: Falmouth Shops C: Library & coffee out *Bowling league
15 Morning Stretching  A: SP Food Cupboard B: Group Choice C: Bowling Spare Time	16 Morning Stretching  A: Meals on Wheels B: Preble Street C: Holiday Party <b>UGLY SWEATER / SHIRT DAY</b>	17 Morning Stretching  A: Swimming B: Holiday Movie Day & craft day	18 Morning Stretching  A: Meals on Wheels B: Red Bank Gym C: Deliver donated items to Preble Street	19 Morning Stretching  A: Ronald McDonald House B: Walmart walk C: Dollar Tree & 5 Below *Bowling League

# Pine Tree Society December 2025

22 Morning Stretching  A: SP Food Cupboard B: Group Choice C: Meals on Wheels	23 Morning Stretching  A: Meals On Wheels B: Preble Street C: In House Game Day	24 Morning Stretching  <b>PROGRAM CLOSED For the Christmas Holiday</b>	25 Morning Stretching  <b>PROGRAM CLOSED For the Christmas Holiday</b>	26 Morning Stretching  <b>PROGRAM CLOSED For the Christmas Holiday</b>
29 Morning Stretching  A: SP Food Cupboard B: Bull Moose & Marden's C: Meals on Wheels	30 Morning Stretching  A: Meals on Wheels B: Preble Street C: Animal Refuge League D: Walmart & walk	31 Morning Stretching  A: Maine Celtics Game B: Group Choice	1/1/26  <b>PROGRAM CLOSED New Year's Day</b>	1/2  A: Ronald McDonald House B: Book Stores C: Thrift Stores *Bowling League

- ❖ On any day the above schedule may change due to weather or safety concerns
- ❖ Please bring **warm clothing & steady walking shoes, temps by the ocean can be cooler than other areas**
- ❖ **When bringing in lunch PLEASE refrain from having anything with shellfish; we have someone with an allergy. Thank you**
- ❖ **On Flagship cinema day.** The cost of the ticket is paid by Pine Tree. You can bring money in for the concession.
- ❖ **Secret Santa gifts:** individuals have picked names to purchase a \$5 gift for the person they have picked. There will be opportunities at the program to make those purchases. If they chose to do this at home, please have all gifts in by Friday 12/12/25
- ❖ **Annual Friend & Family holiday gathering:** 12/16/25, more details to follow.
- ❖ **PTS Give back to the community:** This year we are collecting shelf stable food items for the Preble Street food pantry until 12/12/25
- ❖ **Please note the following closures for the holidays:** 12/24- 12/26/25 and 01/01/2026. ModivCare has been notified.
- ❖ **Maine Celtics game New Years Eve:** the afternoon transportation will be set for a later pick up window due to the game