

Monday

Tuesday

Wednesday

Thursday

Friday

<p><b>02</b> <u>Volunteer:</u> Wildlife Park</p> <p>Swim, YWCA 10:00-11:00 a.m.</p> <p><b>Group choice</b></p>	<p><b>03</b> Gym: 9:30-10:30</p> <p>Snowshoeing</p> <p><b>Group choice</b></p> <p>Eat out: \$15-20.0</p>	<p><b>04</b> <b>Music with Billy Joe Lake and Henry</b> 10:00-11:00 a.m.</p> 	<p><b>05</b> <u>Volunteer:</u> Meals on Wheels</p> <p><b>Group choice</b></p> <p>Unified Fitness 10-12 Redbank</p>	<p><b>06</b> <b>Bowling</b> 10:00 a.m.</p> <p>Play "Poker" 9:30 a.m.</p> <p>Snowshoeing</p> <p>Eat out: \$15-20.00</p>
<p><b>09</b> <u>Volunteer:</u> Mr. Drew 10-11:30</p> <p>Swim, YWCA 10:00-11:00 a.m.</p> <p><b>Group choice</b></p>	<p><b>10</b> Gym: 9:30-10:30</p> <p>Visit Lewiston Career Center Mollison Way</p> <p>Eat out: \$15-20.00</p>	<p><b>11</b> <u>Volunteer:</u> Wildlife Park</p> <p><b>Make Valentine's Dessert</b></p> <p>Snowshoeing</p> <p><b>Group choice</b></p>	<p><b>12</b> <u>Volunteer:</u> Meals on Wheels</p> <p><b>Group choice</b></p> <p>Celebrate Valentine's Day Dessert 12:30pm</p>  <p>All are welcome to join us</p>	<p><b>13</b> <b>Bowling</b> 10:00 a.m.</p> <p>Snowshoeing</p> <p>Eat out: \$15-20.00</p>
<p><b>16</b></p> <p><b>PRESIDENTS' DAY HOLIDAY</b></p> <p><b>CLOSED</b></p>	<p><b>17</b> Gym: 9:30-10:30</p> <p>Play "Poker" 9:30 a.m.</p> <p>Eat out: \$15-20.00</p>	<p><b>18</b> <u>Volunteer:</u> Wildlife Park</p> <p>Snowshoeing</p> <p><b>Group choice</b></p>	<p><b>19</b> <u>Volunteer:</u> Meals on Wheels</p> <p><b>Craft</b> Painting a canvas tote 9:30 a.m.</p> <p><b>Group choice</b></p>	<p><b>20</b> <b>No Bowling</b></p> <p>Snowshoeing</p> <p><b>Group choice</b></p> <p>Eat out: \$15-20.00</p>
<p><b>23</b> <u>Volunteer:</u> Wildlife Park <u>Volunteer:</u> GAHS 10-11:30</p> <p>Dungeon &amp; Dragons with CJ 9:15 a.m.</p> <p>Swim, YWCA 10:00-11:00 a.m.</p>	<p><b>24</b> Consumer Input Meeting 8:30-9:00</p> <p>Gym: 9:30-10:30</p> <p>Snowshoeing</p> <p>Eat out: \$15-20.00</p>	<p><b>25</b> <b>Moonstone Pottery</b> (paint a piece) 10:00 a.m.</p> <p><b>Group choice</b></p> <p>Special Olympics Winter Games Go Team! 😊</p>	<p><b>26</b> <u>Volunteer:</u> Meals on Wheels</p> <p><b>Group choice</b></p> <p>Special Olympics Winter Games Go Team! 😊</p>	<p><b>27</b> <b>Bowling</b> 10:00 a.m.</p> <p>Play "Poker" 9:30 a.m.</p> <p>Eat out: \$15-20.00</p>

# Pine Tree Society February

Scarborough

## 2026

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Morning Stretching  A:*SP Food Cupboard B: Bull Moose C: Thrift stores & bookstores	3 Morning Stretching  A:*Meals on Whells B:*Preble Street C: Arts & Crafts day D: Walmart	4 Morning Stretching  A: Cryptozoology Museum B: Falmouth Shops C: Marden's *Client Input meeting	5 Morning Stretching  A:*Meals on Wheels B: Swimming C: Target	6 Morning Stretching  A: Group Choice B: Westport Bowling C: Reny's
9 Morning Stretching  A:*SP Food Cupboard B: Swimming C: Group Choice	10 Morning Stretching  A:*Meals on Wheels B:*Preble Street C: Meow Lounge-kitty picnic (3) D: Sparetime Bowling	11 Morning Stretching  A: Lunch out at the mall/ walk at the mall *Bring your own money B: Game day at Round 1 C: Ocean State Job Lots	12 Morning Stretching  A:*Meals on Wheels B: Cookie Baking C: Red Bank Gym	13 Morning Stretching  A:*Ronald McDonald House B: Walmart C: Cabela's *Bowling league *Valentine's cookie decorating
16 Morning Stretching  <b>PINE TREE HOLIDAY                      NO PROGRAM</b>	17 Morning Stretching  A:*Meals on Wheels B:*Preble Street C: Group Choice D: Target	18 Morning Stretching  A: Visit the Career Center/Job Club B: Bull Moose & Walmart C: Library	19 Morning Stretching  A:*Meals on Wheels B: Bus ride C: Saco Fle Market	20 Morning Stretching  A: Animal Refuge League & pet stores B: Dollar Tree & 5Below C: WestPort Bowling *Bowling league

# Pine Tree Society February 2026

<p>23 Morning Stretching</p> <p>A:*SP Food Cupboard B: Target &amp; LL Bean in Biddeford C: Sparetime Bowling</p>	<p>24 Morning Stretching</p> <p>A:*Meals on Wheels B:*Preble Street C: Mall Walk D: Open Gym at SPCC 11:30am</p>	<p>25 Morning Stretching</p> <p>A: Ray &amp; Robin's Hobby shop B: Group Choice C: Target</p>	<p>26 Morning Stretching</p> <p>A:*Meals on Wheels B: Red Bank Gym C: Swimming</p>	<p>27 Morning Stretching</p> <p>A:*Ronald McDonald House B: Walmart C: Color Me Mine BOGO Mug painting (3) *Bowling league</p>
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- ❖ \* = Volunteer sites in the community
- ❖ On any day the above schedule may change due to weather or safety concerns
- ❖ Please bring **warm clothing & steady walking shoes & a cold lunch**
- ❖ Color Me Mine pottery: painting a mug
- ❖ Career Center: we will explore the career center
- ❖ 2/10 Meow Lounge- bring your lunch and eat with some cuddly kitties