


Monday

Tuesday

Wednesday

Thursday

Friday

<p><b>04</b> <u>Volunteer:</u> <b>Wildlife Park</b> <b>Swim, YWCA</b> 10:00-11:00 a.m. <b>Group choice</b></p>	<p><b>05</b> <b>Gym: 9:30-10:30</b> <b>Bowling (for those who don't attend Fridays) 10:00 a.m.</b> <b>Group choice</b> Eat out: \$15-20.00</p>	<p><b>06</b> <b>Trail Walk/Bird Watching</b> <b>Group choice</b> <b>Tennis</b></p>	<p><b>07</b> <u>Volunteer:</u> <b>Meals on Wheels</b> <b>Unified Fitness</b> 10-11:30 Redbank</p>	<p><b>08</b> <b>Bowling</b> 10:00 a.m. <b>Group choice</b> Eat out: \$15-20.00</p>
<p><b>11</b> <u>Volunteer:</u> <b>Mr. Drew 10-11:30</b> <b>Swim, YWCA</b> 10:00-11:00 a.m. <b>Group choice</b></p>	<p><b>12</b> <b>Gym: 9:30-10:30</b> <b>Job Fair 10:00-12:00</b> <b>Lewiston Career Ctr.</b> <b>Mollison Way, Lewiston</b> <b>Special Olympics Area Games – ELHS</b> 8:00-1:30 <b>Go Team!</b> Eat out: \$15-20.00</p>	<p><b>13</b> <u>Volunteer:</u> <b>Wildlife Park</b> <b>Group choice</b> <b>Bike Riding</b></p>	<p><b>14</b> <u>Volunteer:</u> <b>Meals on Wheels</b> <b>Coffee &amp; Sweet Treat</b> 9-10 (all are welcome) <b>Group choice</b> <b>Unified Fitness</b> 10-11:30 Redbank</p>	<p><b>15</b> <b>Brunswick Naval Aviation Museum</b> <b>179 Admiral Fitch Ave., Brunswick</b> 10:00 a.m. <b>Group choice</b> Eat out: \$15-20.00</p>
<p><b>18</b> <u>Volunteer:</u> <b>Wildlife Park</b> <b>GAHS 10-11:30</b> <b>Swim, YWCA</b> 10:00-11:00 a.m. <b>Group choice</b></p>	<p><b>19</b> <b>Gym: 9:30-10:30</b> <b>Consumer Input Meeting 8:30-9:00</b> <b>Group choice</b> Eat out: \$15-20.00</p>	<p><b>20</b> <b>Wolfe's Neck State Park – trails &amp; picnic</b> <b>Group choice</b></p>	<p><b>21</b> <u>Volunteer:</u> <b>Meals on Wheels</b> <b>Seadogs Game</b> 11:00 a.m. <b>Group choice</b></p>	<p><b>22</b> <b>Bowling</b> 10:00 a.m. <b>Group choice</b> Eat out: \$15-20.00</p>
<p><b>25</b> <b>MEMORIAL DAY</b>  <b>CLOSED</b></p>	<p><b>26</b> <b>Gym: 9:30-10:30</b> <b>Bowling (for those who don't attend Fridays) 10:00 a.m.</b> <b>Group choice</b> Eat out: \$15-20.00</p>	<p><b>27</b> <u>Volunteer:</u> <b>Wildlife Park</b> <b>Group choice</b> <b>Purple Bus ride</b></p>	<p><b>28</b> <u>Volunteer:</u> <b>Meals on Wheels</b> <b>Unified Fitness</b> 10-11:30 Redbank</p>	<p><b>29</b> <b>Bowling</b> 10:00 a.m. <b>Group choice</b> Eat out: \$15-20.00</p>

# Pine Tree Society May 2026

Scarborough

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Morning Stretching A:*SP Food Cupboard B: Practice for SO track & Field C: Walmart & Walk	5 Morning Stretching A:* Meals on Wheels B:*Preble Street C: Group Choice D: Walking group Afternoon class in healthy relationships 1p-1:30p	6 Morning Stretching A: Farmer's Market B: Bull Moose & Walk C: Driving Range D: Job Fair @ Career Center * Client Input Meeting	7 Morning Stretching A:*Meals on Wheels B: Red Bank Gym C: Swimming D: Thrift stores Afternoon class in developing money skills 1p-1:30p	8 Morning Stretching A:*Ronald McDonald House B: WestPort Bowling C: Walking group
11 Morning Stretching A: *SP Food Cupboard B: Swimming C: Marden's & walk	12 Morning Stretching A:*Meals on Wheels B:*Preble Street C: Practice for SO track & Field D: Falmouth Shops Afternoon class: Sign Language	13 Morning Stretching A: Group Choice B: Ed's Grove C: Mini Golf	14 Morning Stretching A:*Meals on Wheels B: Red Bank Gym C: Target & Walk D: Walking Group	15 Morning Stretching A: Special Olympic Track & Field B: Group Choice
				1 A: Walmart B: Walking group C: Practice for SO track & field *Bowling league

# Pine Tree Society May 2026

18 Morning Stretching A: *SP Food Cupboard B: Group Choice C: Swimming	19 Morning Stretching A: * Meals on Wheels B: * Preble Street C: Walmart & walk D: Library & Book stores Afternoon class in healthy relationships 1p-1:30p	20 Morning Stretching A: Garden Centers B: Military Museum & walk C: Trolley or Bus ride (6) D: Driving Range & Walk	21 Morning Stretching A: * Meals on Wheels B: Sea Dogs Game 11am	22 Morning Stretching A: * Ronald McDonald House B: Mini Golf C: Walking Group
25 <b>PINE TREE CLOSED</b> <b>PINE TREE HOLIDAY</b>	26 A: * Meals on Wheels B: * Preble Street C: Walmart & Walk D: Walking group	27 A: Group Choice B: Driving Range & Walk C: explore the Old Port	28 A: * Meals on Wheels B: Swimming C: Red Bank Gym D: Target & Walk	29 A: WestPort Bowling B: Mackworth Island C: Thrift Stores

❖ \* = Volunteer sites in the community

- ❖ On any day the above schedule may change due to weather or safety concerns
- ❖ Please bring **warm clothing & steady walking shoes & a cold lunch w/an ice pack**
- ❖ Career Center/ job club: we will explore the career center, exploring jobs
- ❖ Sign Language class: learning basic signs to communicate
- ❖ Developing money skills: working on practical money skills
- ❖ Healthy relationships: developing good healthy relationships