

Auburn

Pine Tree Society Monthly Calendar of Activities – September 2026 (calendar subject to change without notice)

Monday

Tuesday

Wednesday

Thursday

Friday

31 <u>Volunteer:</u> Wildlife Park Swim, YWCA Group choice	01 Bike Riding Group choice Eat out: \$15-20.00	02 Fishing Group choice Purple Bus ride	03 <u>Volunteer:</u> Meals on Wheels Group choice	04 Group choice Eat out: \$15-20.00
07 LABOR DAY Holiday Have fun and stay safe! CLOSED	08 Apple Picking (Wallingford's Orchard) Group choice Eat out: \$15-20.00	09 <u>Volunteer:</u> Wildlife Park Wolf Neck State Park nature trails, picnic Group choice	10 <u>Volunteer:</u> Meals on Wheels Group choice Unified Fitness 10-11:30 Redbank	11 Bowling 10:00 a.m. Group choice Eat out: \$15-20.00
14 Maine Wildlife Park Visit the animals & bring your lunch for a picnic 9:30-12:30	15 Armory Gym 9:30-10:30 Fishing Group choice Eat out: \$15-20.00	16 Staff Development Day Program Closed	17 <u>Volunteer:</u> Meals on Wheels Group choice Unified Fitness 10-11:30 Redbank	18 Bowling 10:00 a.m. Group choice Eat out: \$15-20.00
21 <u>Volunteer:</u> Wildlife Park <u>Volunteer:</u> Mr. Drew 10-11:30 Swim, YWCA Group choice	22 Armory Gym 9:30-10:30 Make A Dessert Group choice Dessert & Conversation 12:30 p.m. All are welcome 😊 Eat out: \$15-20.00	23 Client Input Meeting 8:30-9:00 Bike Riding Apple Picking (Wallingford's Orchard) Group choice	24 <u>Volunteer:</u> Meals on Wheels Group choice Unified Fitness 10-11:30 Redbank	25 Bowling 10:00 a.m. Group choice Eat out: \$15-20.00

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Scarborough

Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Morning Stretching A: * Meals on Wheels B: * Preble Street C: Group choice D: Walking group * Client input meeting	2 Morning Stretching A: Beach (swim) day B: Walmart & a walk C: Mini golf D: Thrift Stores	3 Morning Stretching A: * Meals on Wheels B: Bowl @ Sparetime C: Target & a walk D: Walking group	4 Morning Stretching A: Polar Pug Ice cream day with bring your own lunch ***group choice of an adventure before going for Polar Pug
7 Morning Stretching Pine Tree Holiday Program closed	8 Morning Stretching A: * Meals on Wheels B: * Preble Street C: walk on Eastern trail D: Walmart & walk * The gal's group	9 Morning Stretching A: Laser Tag & a walk B: Group Choice C: Farmers market * The guy's group 12:30pm	10 Morning Stretching A: * Meals on Wheels B: Red Bank Gym C: OOB walk D: Bull Moose & a walk Afternoon class in developing money skills 1p-1:30p	11 Morning Stretching A: * Ronald McDonald House B: Bus ride C: Target & a walk * Bowling League
14 Morning Stretching A: * SP Food Cupboard B: Swimming C: Falmouth shops	15 Morning Stretching A: * Meals on Wheels B: * Preble Street C: Driving Range & a walk D: Marden's & a walk	16 Morning Stretching PINE TREE CLOSED CELEBRATION FOR OUR STAFF	17 Morning Stretching A: Red Bank Gym B: * Meals on Wheels C: Group Choice	18 Morning Stretching A: Walking group B: Library & bookstores C: Walmart & walk * Bowling League

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21 Morning Stretching A: *SP Food Cupboard B: Swimming C: Target & a walk	22 Morning Stretching A: *Meals on Wheels B: *Preble Street C: Apple Picking D:	23 Morning Stretching A: Baking day B: C: Dave's Food Trucks Day	24 Morning Stretching A: Red Bank Gym B: *Meals on Wheels C:	25 Morning Stretching A: Group Choice B: *Ronald McDonald House C: *Bowling League
28 Morning Stretching A: *SP Food Cupboard B: Cumberland Fair C: Swimming D: Group Choice	29 Morning Stretching A: *Meals on Wheels B: Cumberland Fair C: Bull Moose & a walk D: National Coffee DAY!!!	30 Morning Stretching A: Cumberland Fair B: Walking group C:	10/1 Morning Stretching A: Cumberland Fair B: Red Bank Gym C: *Meals on Wheels	10/2 Morning Stretching A: B: C: *Bowling League

❖ = Volunteer sites in the community

❖ On any day the above schedule may change due to weather or safety concerns; Please bring warm clothing & steady walking shoes & a cold lunch w/an ice pack